

Problem	Phlebitis	Suspected Catheter infection	Damaged Catheter
Common Causes	<ul style="list-style-type: none"> Early stage mechanical phlebitis (ESMP) most often occur within 2-10 days post insertion Left sided or Cephalic Vein or difficult insertion Large gauge catheter or stiff material More often women Strenuous exercise Chemical phlebitis is related to infusate 	<ul style="list-style-type: none"> Skin contamination at the insertion site Contamination of the catheter hub/fluids Endogenous spread from a distant infected site Failure to use aseptic technique Immunosuppressed state 	<ul style="list-style-type: none"> Improper catheter securement Use of high pressure injectors Use of small syringes to flush (< 10 cc syringe barrel) Accidental damage from needless or sharps
Signs and Symptoms	<ul style="list-style-type: none"> Tenderness or pain or erythema along the vein Heat Swelling Palpable venous cord Bacterial Phlebitis and purulent drainage from site and/or elevated temperature 	<ul style="list-style-type: none"> Fever / chills / shaking rigors Erythema and or tachypnea Purulent drainage or swelling at site Diaphoresis and/or confusion Elevated leukocyte count Hypotension / shock in severe cases Abdominal pain / nausea / vomiting 	<ul style="list-style-type: none"> Leakage at external catheter segment Broken hub Broken bifurcation
Prevention	<ul style="list-style-type: none"> Maintain a dry and occlusive dressing Reduce strenuous exercise of extremity Reduce frequent bending of elbow Gentle, gradual catheter insertion Good sterile technique 	<ul style="list-style-type: none"> Strict aseptic technique for insertion, dressing change, and any manipulation Sterile dressing kept dry and occlusive Clean injection ports with alcohol Replace injection caps after blood draw 	<ul style="list-style-type: none"> For flush no smaller 10 cc syringe barrel No blood pressures VAD arm Do not use pressure injectors via VAD
Nursing Intervention	<ul style="list-style-type: none"> Identify if phlebitis is mechanical or chemically related For mechanical apply heat, elevate extremity and rest Mechanical should respond within 24-72 hours and subside in 3 days For chemical phlebitis related to infusate immediately remove the line and notify the physician For bacterial phlebitis immediately notify the physician 	<ul style="list-style-type: none"> Notify physician of elevated patient temperature, purulent drainage, swelling redness at insertion site or other signs and symptoms Blood cultures peripherally and through the catheter as ordered When obtaining device specimen: <ul style="list-style-type: none"> Cultures should be obtained via each lumen of VAD Initial few cc's of blood obtained via VAD should not be discarded but sent for microbiologic analysis In adults obtain at least 20 ml, ideally 30 ml per drawing - each specimen containing 10-15 ml. Inoculated into aerobic media significantly improves the yield and reliability results 	<ul style="list-style-type: none"> Repair hub if Groshong® Temporary repair of hub if Per-Q-Cath® Replacement of VAD with physicians order
Possible Physician Intervention	<ul style="list-style-type: none"> Cultures if bacterial phlebitis is suspected Remove catheter if chemical or bacterial phlebitis is suspected 	<ul style="list-style-type: none"> Quantitative blood culturing technique has been developed as an alternative for diagnosis of CR-BSI in patients where catheter removal is undesirable because of limited venous access Quantitative cultures of paired blood samples, one obtained via the VAD and the other from a peripheral venipuncture Colony count from the blood obtained from the catheter that is 5 to 10 fold greater than the count from the blood of a peripheral vein has been predictive of CR-BSI and the VAD is removed and cultured 	<ul style="list-style-type: none"> Replacement of vascular access device